



Government of Goa  
**DIRECTORATE OF EDUCATION**

Alto - Porvorim, Bardez - Goa

Email:- [dir-educ.goa@nic.in](mailto:dir-educ.goa@nic.in)

Tel:-0832-2416023,2416033

Fax:- 0832-2416136

No. Acad/Inter Day of Yoga/2020/1211

Dated:- 19/06/2020

**CIRCULAR**

Fit India Mission is conducting a campaign for overall physical, emotional and mental well-being of school students especially during lockdown.

As a part of continuous efforts in partnership with MHRD, Fit India Mission proposes to organize a special live session on **21<sup>st</sup> June, 2020 at 5.00pm to celebrate International Yoga Day.**

Ms. Shilpa Shetty renowned fitness icon will be conducting the live session Fit India Youtube channel. Hon'ble Minister of Youth Affairs and Sports and two sports icons are likely to join the live session.

All the Heads of Govt./Govt. Aided/Unaided/ Primary/Secondary/Higher Secondary & Special Schools are advised to share this with all the students, teaching fraternity so that maximum number of students and their families can benefit from the programme.

*Vandana Rao*

(Vandana Rao, IAS) 19/06/2020  
Director of Education

To: As per list enclosed.

1. The Heads of Govt./Govt. Aided/Unaided Primary/Secondary/Higher Secondary & Special Schools in the State of Goa.
2. The Under Secretary to Govt., of Goa, Ministry of Human Resource Development, Department of School Education & Literacy, (IS-4 Section), Shastri Bhavan, New Delhi.
3. The Dy. Director of Education, North/South/Central Educational Zone, Mapusa/Margao/Panaji-Goa.
4. The ADEIs of all Talukas.
5. The Nodal Officer, IT for uploading on website of this Directorate.