

GOA@60



Government of Goa
DIRECTORATE OF EDUCATION
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No. DE/Voc. /MDM/Poshan Maah/993/ 2020-21/385

Dated:- 8/09/2022

CIRCULAR

As per the direction received from Department of School Education & Literacy, Ministry of Education, Government of India, who is a partner ministry in Poshan Abhiyan in order to celebrate "Rashtriya Poshan Maah" during the month of September 2022, by accelerating various activities under Poshan Abhiyan by adhering to COVID-19 protocols. It is enjoined upon all Heads, to undertake as below:

1. POSHAN pledge to be taken by students in schools during Poshan Maah reflecting the spirit of Bachcha and Shiksha.
2. To carry out POSHAN Assemblies with students in virtual/physical mode to carry out group discussions/debate. Banners may be placed in schools to sensitize the community on "POSHAN BHI, PADHAI BHI", and to create awareness in the community through appropriate/ related indigenous toys.
3. To carry out Nutrition fairs/ Rallies/ Nukkad Nataks on importance of millets in diet for all grades in all schools to sensitize the students.
4. Parent Teacher Meeting (PTMs) to be held in online/offline mode by all school/class teachers with parents with regard to nutrition and its relationship to physical and mental health and well being.
5. E quiz focusing on eating healthy: Nutrition Awareness to be organized by centre through MyGov portal.
6. A special plantation drive in school Nutrition (Kitchen) Garden and Tithi Bhojan to be carried out by children.
7. To conduct awareness campaign for students on water Management through School activities or Science Fairs.
8. SWAYAMPRAKASH channels of Ministry of Education will also telecast programmes on POSHAN Abhiyan during POSHAN MAAH 2022.
9. To ensure that all schools have registered on Eat Right School portal compulsorily.
10. The portion in the NCERT curriculum on Nutrition and Physical Health in all grades may be covered by all schools in the month of September 2022.

(Handwritten signature)

Prepare a report of all the activities and submit it to the office of the A.D.E.I. by 3rd October 2022 for onward submission to the Directorate of Education.

Your kind intervention shall be extremely helpful in engaging children and to celebrate the true spirit of Rashtriya Poshan Maah. We request that necessary preparatory activities may be initiated and executed at your level.


(Shailesh R.S. Zingde)

Director of Education
Government of Goa

To,
The Heads,
Government/Government Aided
Primary and Secondary Schools

Copy to:-

1. The PA to Directorate of Education.
2. The Dy. Director of Education, NEZ/CEZ/SEZ.
3. The Director, SCERT.
4. The Nodal Officer, I.T. for uploading on website.

