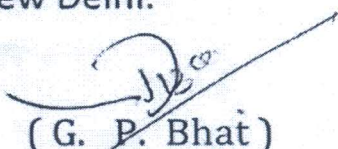


C I R C U L A R

The 21st June has been declared as "International Day of Yoga" and to mark the occasion, the Government of India has directed to celebrate this day in a befitting manner and as such the Ministry of 'AYUSH' has uploaded a booklet and DVDs on their website on Yoga training which can be downloaded from **AYUSH website** and following are the steps to access the booklet and DVDs.

1. Put "AYUSH" on Google Search
2. The first search results is the website of M/o AYUSH. Open the website
3. On the Home Page, in the Centre (above Ministry address), there is a blinking link titled*(International Day of Yoga (Please click here) New *. Click on this.
4. On the YOGA Home Page that opens, see the NEWS section. The first two news items (links) are *common Yoga Protocol- Film *and *Booklet on common Protocol of Yoga*. These can be downloaded and used by anyone.

It is therefore enjoined upon all the Heads of the Govt./Govt. Aided Primary /Secondary/Higher Secondary /Special and Unaided Schools in the State of Goa to organize and make the teachers and students actively participate and promote Yoga by celebrating the "International Yoga Day on 21st June, 2015 " in your institution and a detailed report with photographs may be sent to the Directorate of Sports and Youth Affairs, Campal- Panaji, Goa for onward submission to the Ministry of Youth Affairs and Sports, GOI, at New Delhi.


(G. P. Bhat)
Director of Education

To,
The Heads of Govt./Govt. Aided Primary/ Secondary/ Higher Secondary /Special and Unaided Schools in the State of Goa.

Copy to:-

- 1) Director, Directorate of Sports and Youth Affairs, Campal- Panaji Goa
- 2) The Dy. Director of Education, North/South/Central Zone,
Mapusa/Margao/Panaji -Goa .
- 3) The ADEIs of all talukas- **with instructions to monitor by their surprise visit.**
- 4) Nodal Officer, IT, for uploading on website of this Directorate.